

Type of intervention

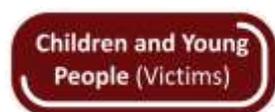


Classroom setting



Group Work

Target group/s, level/s of prevention and sub-group/s:



Primary prevention

Children (5-11 Years) | Male & Female | Classroom Setting, Group Work | English

Target population

Children aged 5-6 years, in pre-schools in Singapore.

Delivery organisation

Singapore Children's Society.

Mode and context of delivery

This programme is delivered in pre-school centres to classes of children aged 5-6 years. The one hour programme is typically delivered by facilitators to a class of no more than 30 pre-schooler children at a time. A booklet (which can be accessed via the link in the 'references' section) providing a summary of KidzLive is given to each child to take home after the programme. This booklet contains tips and information on child sexual abuse prevention and on how caregivers can help reinforce the messages that children learnt during the programme.

Level/Nature of staff expertise required

This programme is conducted by Public Education Executives. Volunteers are also recruited to assist in the programme delivery. Potential volunteers need to attend a training session to understand the context of child sexual abuse as well as the four components of KidzLive and how to deliver the programme. They would also need to observe two or three runs of KidzLive, before delivering the programme themselves.

Intensity/extent of engagement with target group(s)

This programme involves elements such as storytelling and songs, so that the message of sexual abuse prevention is relayed in a manner that is interactive, engaging and accessible to children. This programme is presented in English.

Description of intervention

The key objectives of the programme are to teach children:

- the proper names of their private body parts
- that no one should see or touch their private body parts and they also cannot touch others' private body parts
- to respect and protect their bodies
- to identify the context of touches
- to recognise good and bad touches
- to say 'no', walk out and tell a trusted adult if they receive a bad touch

Programme content:

- Story – 'When It Doesn't Feel Right'
 - The session starts with this story to provide an overview of the programme. This story depicts a scenario of a boy who was inappropriately touched by an uncle whom he was close to. A wise owl teaches him about good and bad touches and never to keep a bad secret.
- My Body
 - This activity familiarises children with their private body parts. Children are taught the private body parts of boys and girls. They also learn that no one should see or touch their private body parts; neither should they see nor touch other people's private body parts.
- Good and Bad Touches
 - This activity teaches children the difference between appropriate and inappropriate touches. Using a series of pictures, children are taught to identify good and bad touches in different scenarios.
- N.O.T Rules
 - This activity teaches children the steps they should take if they get a bad touch. Children are taught the protective skills of "Say **N**o, Walk **O**ut, and **T**ell a Trusted Adult". Children also learn the **N.O.T** jingle.

Evaluation

A programme evaluation was conducted in 2013 to assess the children's learning. Pre and post tests were administered to 149 children. Overall, the children showed a significant improvement in knowledge between their pre and post test scores. Plans are underway to conduct a follow-up programme evaluation in 2015 to test if the children are able to comprehend and retain the more sophisticated messages in KidzLive.

The pre-school teachers' feedback was also collected in 2014. Responses from pre-school teachers have been positive so far. 70% out of a total of 40 teachers strongly agreed that the programme benefits the children and that they would recommend the programme to other centres.

References

https://www.childrensociety.org.sg/resources/ck/files/newsletter-and-report/kidzlive_booklet_second_edition_July2014.pdf

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