

It's Not Your Fault Canada



Type of intervention



Classroom setting

Target group/s, level/s of prevention and sub-group/s:

Children and Young
People (Victims)

Primary prevention

Young People (12-17 Years) | Male & Female | Classroom Setting

Target population

The 'It's Not Your Fault' child abuse prevention programme is targeted at young people aged 12 to 18 years.

Delivery organisation

Canadian Red Cross, RespectED: Violence & Abuse Prevention.

Mode and context of delivery

Workshops in schools.

Level/Nature of staff expertise required

To be certified to deliver 'It's Not Your Fault' to a young person audience, educators and professionals must have successfully completed the four hour 'Prevention in Motion' online or classroom based course and the seven hour 'It's Not Your Fault' facilitation training. They must also be associated with an organisation that has a signed Training Partner Agreement with RespectED. Certified Prevention Educators are provided with a curriculum, teaching resources and supporting materials.

Intensity/extent of engagement with target group(s)

Workshops can be given as a single two hour session or can be integrated throughout the school curriculum for up to 22 hours of education.

Description of intervention

The 'It's Not Your Fault' child abuse prevention workshop explores why abuse and neglect occur and where young people can go for help. The UN Convention on the Rights of the Child states that all children under the age of 18 years have a right to live a life free of violence (Article 19). By becoming a Training Partner to deliver 'It's Not Your Fault', schools and organisations are equipped to help young people aged 12–18 years by offering them workshops that identify:

- the rights of children and young people including the UN Convention on the Rights of the Child
- emotional, physical, and sexual abuse, as well as neglect
- understanding discipline
- sexual exploitation and Internet exploitation
- how victims cope
- why abuse happens
- who can provide help
- how to help a friend
- how youth can make a difference

A multi-media presentation and interactive activities support the delivery of this material and young people leave with a summary of important points and contact numbers. This program has received the "Seal of Recommendation" from Curriculum Services Canada.

Evaluation

Please refer to the following website and specifically look under 'It's Not Your Fault' and 'Hidden Hurt', for details of a study that examined young peoples' responses from both 'It's Not Your Fault' and 'What's Love Got to Do With It?' (relationship violence prevention workshops).

<http://www.redcross.ca/what-we-do/violence,-bullying-and-abuse-prevention/program-evaluations>.

For further evaluation inquiries, please contact the Canadian Red Cross directly (see contact details below).

References

<http://www.redcross.ca/what-we-do/violence-bullying-and-abuse-prevention/educators/child-abuse-and-neglect-prevention>

Contact details

Website: <http://www.redcross.ca/ViolencePrevention>

Email: RespectED@redcross.ca

Phone: 1-855-886-2648