

# Helping Children with Sexual Behaviour Problems USA



## Type of intervention



*Book/Guide*

## Target group/s, level/s of prevention and sub-group/s:

**Communities  
/ Families**

Secondary prevention

Adults (21 Years +) | Male & Female | Book/Guide | English

**Communities  
/ Families**

Tertiary prevention

Adults (21 Years +) | Male & Female | Book/Guide | English

## Target population

Parents & carers of children with sexualised, problematic or harmful sexual behaviours.

Professionals working with children with sexualised, problematic or harmful sexual behaviours.

## Mode and context of delivery

A booklet which is educational, informative and advice giving.

## Level/Nature of staff expertise required (e.g. professional background)

No expertise is required to access the booklet and gain from the information it gives.

Any professionals involved in the child protection and sexual abuse arena may benefit from engaging with the booklet, including teachers, counsellors, parent and family workers, social workers, youth justice officers, CAMHS workers, family therapists and residential care staff.

## **Intensity/extent of engagement with target group(s)**

Helping Children with Sexual Behaviour Problems is a 44 page, easy-to-digest, booklet.

## **Description of book**

The author of the booklet is a chartered Clinical Psychologist, working in the USA. The booklet provides an easily-accessible model which carers and professionals can access to help children decrease their problematic sexual behaviours.

The author's website states that the booklet provides advice and guidance around the following topic areas:

- what everyone helping children with sexual behavior helping problems should know
- modifying children's problematic sexual behaviors, preparing the home environment, providing a healthy sexual environment, encouraging healthy boundaries, guidelines for healthy boundaries, making the home feel safe for all of the children, clarity regarding acceptable behaviors
- working together to decrease the child's problematic sexual behavior, developing a plan to decrease one problematic sexual behavior at a time, playing detective (what triggers the selected problematic sexual behavior?), working out the fine details of the plan between the caregiver and the child and implementing it and carefully reviewing the plan post implementation
- masturbation
- parenting the child's sexual behaviour problems for example, talking about sex, listening and responding to the child and caregivers providing patience and compassion
- assessment and treatment of children with sexual behaviour problems and their families, including goal setting and both individual and group therapy
- cooperation and communication between all team members, including working with the school/daycare, after schools programmes, the criminal justice system and probation
- helpful resources on children and sexuality ([www.tcavjohn.com](http://www.tcavjohn.com))

## **Reviews**

Not known.

## **Publishers**

Johnson, T. C. (2011). Helping Children with Sexual Behaviour Problems: A guidebook for professionals and caregivers. San Diego: Institute on Violence, Abuse & Trauma.

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