

Expect Respect USA



Type of intervention



Classroom setting



Individual Work



Group Work



Counselling

Target group/s, level/s of prevention and sub-group/s:

Primary prevention

Children and Young
People (Victims)

Children (6-11 Years), Young People (12-17 Years), Young Adults (18-20 Years), Adults (21 Years +) | Male & Female | Classroom Setting, Individual Work, Group Work, Counselling | English

Tertiary prevention

Children and Young
People (Victims)

Children (6-11 Years), Young People (12-17 Years), Young Adults (18-20 Years), Adults (21 Years +) | Male & Female | Classroom Setting, Individual Work, Group Work, Counselling | English

Primary prevention

Communities
/ Families

Children (6-11 Years), Young People (12-17 Years), Young Adults (18-20 Years), Adults (21 Years +) | Male & Female | Classroom Setting, Individual Work, Group Work, Counselling | English

Situations
/ Places

Schools and Other Organisations Working with Children and Young People | Classroom Setting, Individual Work, Group Work | English

Target population

Child and young people aged 9 -19 years.

Delivery organisation

The Expect Respect programme was developed and is delivered through the SafePlace: Domestic Violence and Sexual Assault Survival Centre in Austin, Texas, USA.

Mode and context of delivery

The Expect Respect programme is a school based programme promoting safe and healthy relationships for children and young people aged 9 -19 years. It works to:

- support youth in healing from past abuse
- raise expectations for equality and respect in relationships
- enhance safety and respect on school campuses
- promote youth leadership in violence prevention

It has four main components:

- counselling and support groups (tertiary prevention)
- classroom presentations (primary prevention)
- teen leadership programme (primary prevention)
- training for schools staff (primary prevention)

This information has been taken from ‘Expect Respect: A School-Based Programme Promoting Safe and Healthy Relationships by Youth’, by B. Rosenbluth and published by the National Resource Centre on Domestic Violence. See www.vawnet.org

Level/Nature of staff expertise required

The counselling programme is delivered by licensed counsellors, educated to Masters’ level, the group sessions are co-facilitated by two counsellors and the presentations are delivered by trained volunteers who have 40 hours of training.

Intensity/extent of engagement with target group(s)

One to one counselling is usually for 12 sessions of 45 minutes each. Groups consist of 24 weekly sessions. Three presentations are provided in class-time.

Description of intervention

Expect Respect consists of four distinct, but inter-related components, each of which can be free-standing.

- Counselling and Support Groups – counselling and support groups serve children and young children in elementary, middle and high schools (age 9-19 years) who have experienced sexual, dating or domestic violence or who are involved in an abusive dating relationship. They are

delivered by trained counsellors and referrals are made by school counsellors, parents or by the individual themselves. There are 12 sessions of 45 minutes each, which are usually provided on and a one to one basis. The group sessions are held weekly over 24 weeks and are supported by a curriculum guide.

- Classroom Presentations – staff and volunteers provide a series of three classroom presentations for young people in grades 6-12, on the topics of dating violence, sexual assault, sexual harassment and healthy relationships.
- The Summer Teen Leadership Programme – through an eight-week paid internship experience for young people, teenage leaders participate in intensive training on issues of social justice and violence prevention and provide interactive workshops on bullying prevention for younger children, at summer care sites throughout Austin, USA.
- Training for School Personnel – professional training for educators, which addresses school-wide strategies for preventing bullying, sexual harassment and gender violence. Parent sessions are also provided.

This information has also been taken from 'Expect Respect: A School-Based Programme Promoting Safe and Healthy Relationships by Youth', by B. Rosenbluth and published by the National Resource Centre on Domestic Violence. See www.vawnet.org

Evaluation

The programme has been extensively evaluated and is rated as emerging and promising by the National Resource Centre on Domestic Violence (see www.vawnet.org). This includes an independent evaluation; please see 'PA Expect Respect – Austin. Teenage Dating Violence Prevention' by Dr. Toni Felice, September 2012.

References

Creighton, Allan and Kivel, Paul. *Young Men's Work: Stopping Violence & Building Community*. Center City, MN: Hazelden, 1995. (www.hazelden.org)

Elliott, Delbert S. editor, Olweus, D. and Limber, S., *Blueprints for Violence Prevention: Book Nine: Bullying Prevention Program*, Center for the Study and Prevention of Violence, Institute of Behavioral Science University of Colorado at Boulder, Campus Box 439, Boulder, Colorado 80309-0439, (303) 492-8465, 1999.

Foshee, Vangie, *Safe Dates Program*, North Carolina, 1996, (919) 966-6616.

Rosenbluth, B. *Expect Respect: A School-Based Programme Promoting Safe and healthy Relationships for Youth*. Published by the National Resource Centre on Domestic Violence. www.vawnet.org

Drawing the Line: A Guide to Developing Effective Sexual Assault Prevention Programs for Middle School Students. The American College of Obstetricians and Gynecologists, 2000. 409 12th Street SW, PO Box 96920 Washington, DC 20090-6920, (202) 638-5577. (www.acog.org)

Contact details

For more information on SafePlace and the Expect Respect program, please contact:

Director of School-based Services

Address: SafePlace P.O. Box 19454 Austin, Texas 78760

Telephone: 001 (512) 356-1628 or 001 (512) 385-0662

Fax: 001 (512) 482-0691

Email: brosenbluth@austin-safeplace.org

Website: www.austin-safeplace.org

For information on other similar programmes, please contact:

National Resource Center on Domestic Violence

Address: 6400 Flank Drive, Suite 1300 Harrisburg, PA 17112

Telephone: 011 800-537-2238 or 001 800-553-2508

Fax: 717-545-9456

Website: www.vawnet.org