### Espace romand de prevention DIS NO Switzerland





#### **Type of intervention**





Phone

Online/App

#### Target group/s, level/s of prevention and sub-group/s:

# (Potential) Offenders

#### Secondary prevention

Young People (12-17 Years), Young Adults (18-20 Years), Adults (21 Years +) | Male & Female | Phone, Online/App | French

## Communities / Families

#### Secondary prevention

Young People (12-17 Years), Young Adults (18-20 Years), Adults (21 Years +) | Male & Female | Phone, Online/App | French

#### **Target population**

People (young people aged 12 years + and adults) worried by their own sexual attraction or thoughts concerning children, but who have never acted upon these thoughts. This includes people who have viewed illegal images of children on the Internet, but have not offended offline.

People worried by someone else's (young people aged 12 years + and adults) sexual attraction or thoughts concerning children (for example a partner or a friend) and that person has never acted upon these thoughts.

#### **Delivery organisation**

Association DIS NO – CH 1860 Monthey (French-speaking Switzerland)

#### **Mode and context of delivery**

The "Espace" is an initial contact point for people who are concerned about theirs or another adult's thoughts and feelings, where they can receive advice and support and can be referred on to additional services if deemed necessary (for example a Psychologist).

It delivers this service through:

- A helpline
- An email service
- The possibility to have face-to-face meetings (in Monthey Valais). The service is for all appropriate individuals in Switzerland, who speak French.

#### **Level/Nature of staff expertise required**

For the Espace staff: experience in social work, mediation and child protection.

For the professional network (to refer people on to): Sexologists, psychotherapists and psychiatrists.

#### Intensity/extent of engagement with target group(s)

People can contact Espace by telephone or email or can attend face to face meetings for an unlimited number of times, depending on their need.

#### **Description of intervention**

The Espace's activities began in April 2014.

The Espace is a threshold service offering a helpline number, an email address and the possibility for the concerned persons to have a personal interview. The Espace delivers information, a first hearing and a threshold coach. A first hearing is a discussion about the person's situation via the helpline, email or a face to face meeting, to help the person to better understand their needs and the next steps to undertake. A threshold coach helps the person to understand what their problem and needs are and if necessary, directs the person towards a therapist from the professional network. The professional network consists of a range of therapists (for example psychotherapists and psychiatrists).

It is planned that specific media actions and campaigns will be designed to reach different target groups, for example young people, adults, partners and family members.

The target groups for Espace are assumed not to have acted on their sexual attraction towards children and thoughts offline, so they are free to stop the engagement at any moment if they wish so. However, the Espace clearly states to the person that if any information is disclosed that a child has been sexually abused, the appropriate authority will have to be informed. This includes situations where a child is in danger of being sexually abused. Espace do not report the online viewing of child abuse images to the Police, but encourage the consumers to stop and to develop responsible behaviours.

#### **Evaluation**

The pilot period of this project will run from April 2014 to March 2015. At the end of the pilot year, the collected data about the people who have contacted Espace will be internally evaluated, including the number of calls, emails and interviews, types of requests, target groups, ages, number of young people and pedophilia problems versus other problems (for example incestuous contexts, internet addictions and fear of reproducing victimization). The evaluation

data is reported to the Federal Office of Social Insurances (Office Social des Assurances Sociales – OFAS) every four months. OFAS are funding the pilot period.

### **References**

The project preliminary research is available in English on <a href="https://www.espacedisno.ch">www.espacedisno.ch</a> (see: L'Espace en bref > Publications de l'Espace).

#### **Contact details**

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