

# Tulir - Centre for the Prevention and Healing of Child Sexual Abuse (CPHCSA) India



## **Type of intervention**

Educational classroom setting

## **Target group/s, level/s of prevention and sub-group/s:**

Primary, Secondary and tertiary prevention  
Children  
Protective adults

## **Target population**

Protective adults  
School age children

## **Delivery organisation**

Tulir - Centre for the Prevention and Healing of Child Sexual Abuse (CPHCSA) is a registered, nongovernmental, non-profit organization committed to working against child sexual abuse in India.

## **Mode and context of delivery**

A multidisciplinary approach is the basis of therapeutic services for abused children and is premised on the holistic Caring, Healing and Teaching model, along with socio-legal assistance.

Facilitators deliver the training to protective adults in a classroom setting.

## **Level/Nature of staff expertise required**

The programmes are delivered by experienced Tulir facilitators.

## **Intensity/extent of engagement with target group(s)**

Workshop delivery to groups of protective adults

## **Description of intervention**

Tulir-CPHCSA training programs are designed to meet the requirements and needs of various professional and non-professional sectors and include sensitization and skill building programs for Teachers, Social Workers, Doctors, Parents & other Multi-Disciplinary stakeholders crucial to an effective response.

Training workshops also extend to organizations working on varied issues - child labour, child rights, HIV/AIDS, academic institutions - equipping them with the skills and knowledge required to effectively respond to the sexual abuse of children.

Tulir-CPHCSA believes in sharing its knowledge, resources and expertise with other organizations for a better response to child sexual abuse, by providing consultancy in research and practice areas for other organizations working on related issues.

Tulir provides facilitated education to Teachers, Social Workers, Doctors, Parents & other Multi-Disciplinary stakeholders, to allow them to be more effective in the prevention of child sexual abuse

Presentations include the following

### **POCSO, EDUCATORS & SCHOOLS**

With various aspects of the Protection of Children from Sexual Offenses (POCSO) 2012 including sectors apart from the criminal justice system, a presentation on the highlights of the Act and its relevance to educators and educational institutions

### **DESIGNING A HOLISTIC CHILD PROTECTION SYSTEM FOR PRIMARY SCHOOLS (K-5)**

Child abuse does not happen all by itself. There are many factors involved. When working to protect young children each of these elements need to come together to form a holistic and coordinated program. During these 2 days we will discuss causes of child abuse with a focus on sexual abuse, working with students, working with parents, training teachers, developing appropriate materials, understanding the physical boundaries of a school, understanding child development that includes sexual development, and knowing your community resources for help.

### **AN INTRODUCTION TO PERSONAL SAFETY EDUCATION – CONCEPTS & PRACTISE**

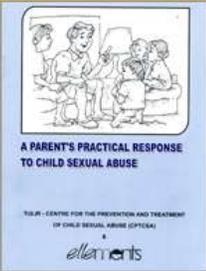
With the objective of empowering primary school going age children to safeguard themselves against CSA, the sessions on Personal Safety Education is to provide participants with an understanding of age-appropriate information and the accompanying non-threatening methods to convey it while utilizing a variety of resources developed specifically for this purpose.

### **PREVENTION OF CHILD SEXUAL ABUSE: DEALING WITH SEXUAL MISBEHAVIORS IN ELEMENTARY SCHOOL AGE CHILDREN**

Children behave sexually for several reasons, from curiosity to responses due to abuse. Most sexual misbehaviour is common and normal. When adults respond to these behaviours appropriately, children learn appropriate behaviors. Unfortunately, so many common sexual misbehaviour is responded to in ways that

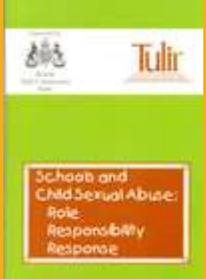
could accelerate normal behaviour into abuse of other children. These sessions will look at practical ideas to respond to children with sexual misbehaviour issues for healthy sexual development.

The training is supported by a number of publications



**A Parent's Practical Response to Child Sexual Abuse**

This book is aimed at addressing parents' anxieties regarding child sexual abuse, and giving them information to assist them in participating in their children's protection. Besides providing information on child sexual abuse, it suggests ways for parents to talk to their children on the subject and how they should respond if they suspect or know that their children have been abused. Ideas for introducing children to personal safety touching rules is also an important aspect of the book.



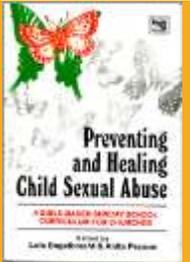
**Schools and Child Sexual Abuse: Role, Responsibility and Response**

Schools are crucial stakeholders in fight against child sexual abuse. They have a unique advantage of observing children, given the teacher skills and the fact that the most number of 'awake' hours of a child's day are spent at school. Recognising this, Tulir-CPHCSA has developed this brochure for schools to empower them with information on child sexual abuse, and appreciate their responsibility and role in responding proactively to the problem.



**My Personal Safety Workbook**

'My Personal Safety Workbook' is a resource developed by Tulir-CPHCSA that introduces the concepts of body integrity and personal safety to primary school children. Besides prevention of child sexual abuse, the book can also be used for diagnostic and therapeutic purposes.



**Preventing and Healing Child Sexual Abuse: A Bible-Based Sunday School Curriculum for Churches**

A publication developed by Center for the Prevention and Treatment of Child Sexual Abuse (CPTCSA), Philippines, this is a faith-based resource premised on biblical teachings, stories and hymns. Taking forward the message of child sexual prevention and providing support to abused children, the book can be effectively used as a Sunday school curriculum.



### **"Doesn't Every Child Count?" : A Study on the Prevalence & Dynamics of Child Sexual Abuse in Chennai**

This publication is the result of the study covering 24 schools, including all boards, and involving 2211 boys and girls in Chennai. The results of this study, is a further affirmation of the fact that we need to strengthen our resolve and join hands together as a society to make it a safer place for children.



### **ICE Resources**

Tulir develops and publishes Information, Communication and Education (ICE) resources including both print and multimedia - posters, flyers, pamphlets, animation spots, audio book for children etc . These materials are available in Tamil, English and Hindi

### **Evaluation**

unknown

### **References**

unknown

### **Contact details**

# Tulir

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