



Primary, secondary or tertiary – offenders, victims, communities or situations

Reference  
No:  
CU214

SletDet (Delete It)  
[redbarnet.dk/sletdet](http://redbarnet.dk/sletdet)

### Target population

A helpline for children and young people in Denmark who have experienced online sexual harassment and online spreading of intimate information and imagery without consent.

The helpline is also open for parents and professionals in contact with children and young people

### Delivery organisation

Red Barnet / Save the Children Denmark

### Mode and context of delivery

Information about the helpline is available at [www.redbarnet.dk/sletdet](http://www.redbarnet.dk/sletdet)

The helpline offers live telephone and chat counselling.

It is possible to write personal questions to the helpline, which will be answered within a few days.

The helpline also offers help and advice through a chatbot, which is accessible 24/7.

The website contains advice and information, e. g. on how to delete posted material and profiles.

### Level/Nature of staff expertise required

An interdisciplinary team with pedagogical and psychological education and training.

### Intensity/extent of engagement with target group(s)

For two decades, Red Barnet / Save the Children has been working to educate children, young people, parents and professionals about children's online safety and security in cooperation with the national Crime Prevention Council. [www.redbarnet.dk/sikkerchat](http://www.redbarnet.dk/sikkerchat)

Since 2001 Red Barnet has taken part of the fight against Child Sexual Abuse Material (CSAM) online as a member of the INHOPE network. [www.redbarnet.dk/anmeldet](http://www.redbarnet.dk/anmeldet) - [www.redbarnet.dk/reportit](http://www.redbarnet.dk/reportit)

As of 2016 Red Barnet has offered counselling through SletDet to children and young people who have experienced online sexual harassment and online spreading of intimate information and imagery without consent.

Red Barnet is partner in the Project deSHAME which is a collaboration between Childnet (UK), Save the Children (Denmark), Kek Vonal (Hungary) and UCLan (UK), co-financed by the EU. It aims to increase reporting of online sexual harassment among minors and improve multi-sector cooperation in preventing and responding to this behaviour.

[www.redbarnet.dk/deshame](http://www.redbarnet.dk/deshame) [www.childnet.com/our-projects/project-deshame](http://www.childnet.com/our-projects/project-deshame)

### Description of intervention (max. 600 words)

Information about the helpline is available at [www.redbarnet.dk/sletdet](http://www.redbarnet.dk/sletdet)

The counselling is confidential and offers

- psychological first aid,
- information and knowledge (e. g. about legislation and rights)
- opportunities for action (e. g. how to delete unwanted content og profiles)
- contact with social media to remove content and

- contact to authorities, e.g. police.

The helpline offers live telephone and chat counselling.

It is possible to write personal questions to the helpline, which will be answered within a few days.

The helpline also offers help and advice through a chatbot, which is accessible 24/7.

Basically, a single counseling session is provided, but in cases e. g. where SletDet helps to connect to social media and remove content, the counseling will extend over several sessions

On the website children, parents and professional can get information, e. g. on how to delete posted material and profiles and about legislation.

### Evaluation

The counseling is accredited by Rådgivnings Danmark (Counseling Denmark

<https://www.raadgivningsdanmark.dk/>)

### References

[www.redbarnet.dk/sletdet](http://www.redbarnet.dk/sletdet) Helpline 'Delete It'

[www.redbarnet.dk/anmeldet](http://www.redbarnet.dk/anmeldet) - [www.redbarnet.dk/reportit](http://www.redbarnet.dk/reportit) Hotline to report Child Sexual Abuse Material (CSAM)

[www.redbarnet.dk/sikkerchat](http://www.redbarnet.dk/sikkerchat) Information about online safety

### Contact details

[www.redbarnet.dk/sletdet](http://www.redbarnet.dk/sletdet)