

CRIAVS – Online Safety Education Materials



Type of intervention



Classroom setting Public Education

Target group/s, level/s of prevention and sub-group/s:

(Potential)
Offenders

Secondary Prevention

Children aged 5-7, 8-10, 11-13, and 14-18 years of age who are at risk of being sexually victimised

**Children and Young
People (Victims)**

Secondary Prevention

Children aged 5-7, 8-10, 11-13, and 14-18 years of age who are at risk of perpetrating acts of sexual violence

Target population

Age appropriate educational materials for children aged 5-7, 8-10, 11-13, and 14-18 years of age who are at risk of being sexually victimised and/or perpetrating acts of sexual violence themselves. The materials available are for practitioners seeking to facilitate the intervention, however it should be noted that as of January 2020, they are only available in French.

Delivery organisation

CRIAVS – Centre Ressource pour les Intervenants auprès Auteurs de Violences Sexuelles: Languedoc Roussillon. This translates to the Resource Centre for Facilitators/Practitioners Working with Perpetrators of Sexual Violence in Languedoc-Roussillon, which is a southern district of France on the Mediterranean coast. They are a treatment, research, and advocacy group associated with the Central University Hospital of Montpellier. The centre employ psychiatrists and psychologists who specialise in forensic psychiatry, adolescent psychiatry, pre-pubertal child psychiatry, criminology, victimology, clinical psychopathology, psychodynamic therapy, and cyber paraphilia research. On their website, they state that their main aims are to train practitioners to provide therapeutic interventions for perpetrators of sexual violence, develop research tools, promote the prevention of sexual violence through health and online safety education programmes in schools, advise the criminal justice system on how to reduce the prevalence of

sexual violence as well as rehabilitation strategies for offenders, and create databases of evidence-based interventions.

Mode and context of delivery

The intervention notes, guides, and worksheets included in this toolbox are all designed to be delivered to a group of 10-15 children in a local community setting they feel comfortable in.

Level/Nature of staff expertise required

The Project BOAT toolbox is aimed towards teachers, educators, and those with a health and social care background who regularly work with at-risk children between the ages of 5-18. The toolbox comes with a 50-page manual that outlines psychological theory around child psychosexual development, current research on healthy relationship development/maintenance, current slang used by minors for sexual activity, and French federal law on both online and offline sexual offences. Previous knowledge of psychological theory is not necessary but would be beneficial for effective delivery of the intervention sessions.

Intensity/extent of engagement with target group(s)

The intensity and extent of the intervention may be decided by the facilitator, as the group work activities are meant to be chosen according to the individual aims of said facilitator. The authors of Project BOAT highly recommend holding a minimum of three sessions with the same group and group leader per theme. The methods of group work are diverse and change according to the targeted age group. There are 134 modules total to choose from. Delivery methods range from group discussion, quizzes, skits, role-play exercises, dancing, relaxation techniques, cartoon-drawing, and journal-entry prompts.

Description of intervention

Project BOAT is divided into five themes but the following three have been considered to be the most relevant to the aims of ECSA: relationships & sexuality, online safety, and understanding the law & identifying problematic/harmful behaviours. Each theme is divided into sections for children aged between 5-7, 8-10, 11-13, and 14-18. The following list describes a few of the sessions included in the materials of the online safety theme. The other two themes may also be found in the ECSA database.

Evaluation

Please note that all of the intervention worksheets/materials are currently only available in French.

Name of Session	Age Range	Method of Delivery	Aims of Session
Super Heroes	5-7	Drawing and writing exercise	Learning to distinguish between real and fictionalised people/events/objects

Children and Cyberland	5-7	Brainstorming exercise with debrief questions	Learning what the internet is/is not and how people can easily create a fake persona on it
Safe Internet Searches	8-10	Computer exercise	Understanding how viewing violence online/in digital media can influence one's behaviour
Cartoons	8-10	Writing and drawing exercise in pairs	Understanding how viewing violence/in digital media can influence one's behaviour
Love, Glory and Television	11-13	Debating exercise	Understanding differences in conduct between dramatised relationships and real ones
Cyber Harassment	11-13	Role-play exercise	Encouraging reflective practice online and recognising/reporting instances of online harassment
From Dream to Reality	14-18	Video clip and debrief exercise	Understanding how the mainstream media can influence a young person's view/expectations of sex
Bad Things on the Internet	14-18	Lecture and discussion questions	Learning how to identify and report online grooming.

References

Link to website of the CRIAVS research group: <http://www.chu-montpellier.fr/fr/criavs/presentation/>

Link to website of the information PDF of Project BOAT: http://www.chu-montpellier.fr/fileadmin/user_upload/Pole_Psychiatrie/CRIAVS/BOATPlaquetteMAJ_0117.p

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